



Your Weekly Finance Podcast Listening Plan

Want to get smarter with money without spending hours reading finance books? This weekly listening schedule makes it easy to fit financial wisdom into your daily routine — whether you're commuting, exercising, or just taking a break.

We've organized the best finance podcasts by theme so you can focus on different areas throughout the week. From investing and budgeting to financial independence and crypto, this plan helps you learn consistently without feeling overwhelmed.

A Sample 4-Week Calendar (timetable) illustrating how you might spread out your listening throughout a month. You can modify priorities or days based on your personal interests and time constraints.

 Ready to level up your financial knowledge? Start listening today and take charge of your financial future! 

Sample 4-Week Listening Timetable

Below is an **example** of how you might structure your listening over a month, using the **category, release schedule, duration, and priority** to guide which days you listen. This example aims to:

- Ensure **High**-Priority shows are addressed on or near their release days.
- Include a mix of **Medium** and **Low** priority podcasts without overwhelming your schedule.
- Reserve **weekends** for catch-up or longer-form episodes if needed.

Legend

PF = Personal Finance

MS = Millennials & Students

FIRE = Financial Independence

News = Finance News & Markets

Crypto = Cryptocurrency

Notes on Priority

High: Podcasts with daily or near-daily release schedules, or those offering highly time-sensitive market/news insights (e.g., *The Dave Ramsey Show*, *Motley Fool Money*, *Bloomberg Surveillance*, *The Pomp Podcast*).

Medium: Solid recurring shows with weekly or biweekly releases that cover broader topics; not as time-sensitive but still highly valuable.

Low: Often shorter or more niche/entertaining shows. Worth sampling if you have extra time or a specific interest in the topic/format.

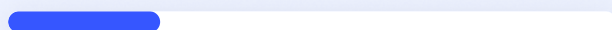
You can adjust these priorities based on your personal goals and how much time you have each week.

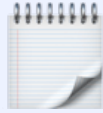
For simplicity, each **Week** is shown Monday–Sunday. Adjust the days/times as you prefer.



Week 1

Day	Focus	Suggested Podcasts	Reasoning
Mon	Personal Finance (PF)	<ul style="list-style-type: none">• The Dave Ramsey Show (High, daily)• So Money (Medium)	Monday is a great day to start with actionable PF tips. Dave Ramsey is daily.
Tue	Millennials & Students (MS)	<ul style="list-style-type: none">• The Millennial Money (Canada) (Medium)• Smart Passive Income (Medium, weekly)	New weekly episodes often drop early in the week.
Wed	Financial Independence (FIRE)	<ul style="list-style-type: none">• ChooseFI (High, 2/week)• Radical Personal Finance (Medium)	ChooseFI typically releases episodes on Mondays & Thursdays (varies), so mid-week is a good catch-up point.
Thu	Finance News / Markets (News)	<ul style="list-style-type: none">• Bloomberg Surveillance (High, daily)• Motley Fool Money (High, daily/weekly)• <i>Planet Money</i> (Medium, might release Wed/Fri)	High priority for staying up-to-date.
Fri	Cryptocurrency (Crypto)	<ul style="list-style-type: none">• The Pomp Podcast (High, multiple/week)• <i>CoinDesk Podcast</i> (Medium, daily news)	End of week: see major crypto news or interview episodes.
Sat	Personal Finance (shorter or low priority)	<ul style="list-style-type: none">• Popcorn Finance (Low, weekly)• <i>Frugal Friends</i> (Medium, new episodes Fri)	Quick, relaxed weekend listening.
Sun	Open / Catch-Up	Catch up on any missed High/Medium priority episodes	Sunday is flexible for longer episodes or extra listening.





Week 2

Day	Focus	Suggested Podcasts	Reasoning
Mon	Personal Finance (PF)	<ul style="list-style-type: none">• The Dave Ramsey Show (High, daily)• <i>Stacking Benjamins</i> (Medium, 2–3/week)	Catch new episodes or older backlog.
Tue	Millennials & Students (MS)	<ul style="list-style-type: none">• Paychecks & Balances (Medium, weekly/biweekly)• <i>The College Investor</i> (Medium, 1–2/week)	Focus on career/ student-loan content.
Wed	FIRE	<ul style="list-style-type: none">• Afford Anything (Medium, weekly)• <i>ChooseFI</i> (High)	Paula Pant often releases new episodes mid-week; continue following ChooseFI.
Thu	Finance News / Markets (News)	<ul style="list-style-type: none">• Motley Fool Money / Bloomberg Surveillance (High)• <i>"We Study Billionaires"</i> (Medium, weekly)	Add "We Study Billionaires" for deeper investing insights.
Fri	Crypto	<ul style="list-style-type: none">• <i>Unchained</i> (Medium, weekly)• <i>The Pomp Podcast</i> (High)	Unchained often updates mid-week; you can catch up Friday.
Sat	Finance News / Markets (longer form)	<ul style="list-style-type: none">• <i>Real Vision Finance</i> (Medium, multiple/week)	Weekend is good for in-depth interviews and macro trends.
Sun	Open / Catch-Up	Revisit key High Priority shows or sample new ones	Flexible day for any leftover episodes or to sample new content.





Week 3

Day	Focus	Suggested Podcasts	Reasoning
Mon	Personal Finance (PF)	<ul style="list-style-type: none">• The Dave Ramsey Show (High)• <i>So Money or Frugal Friends</i> if you want variety	Start the week with fresh PF episodes.
Tue	Millennials & Students (MS)	<ul style="list-style-type: none">• <i>Smart Passive Income</i> (Medium) or <i>The College Investor</i> (Medium)	Focus on side hustles, career, or student debt.
Wed	FIRE	<ul style="list-style-type: none">• ChooseFI (High)• <i>Radical Personal Finance</i> (Medium)	Dive deeper into FI strategies mid-week.
Thu	Finance News / Markets (News)	<ul style="list-style-type: none">• Bloomberg Surveillance (High)• <i>Planet Money</i> (Medium)	Keep up with daily or mid-week market updates.
Fri	Crypto	<ul style="list-style-type: none">• <i>CoinDesk Podcast</i> (Medium, daily/weekly)	End-of-week recap on crypto news or special interviews.
Sat	Personal Finance (PF, backlog)	<ul style="list-style-type: none">• <i>Stacking Benjamins</i> (Medium) or <i>Popcorn Finance</i> (Low) for a lighter approach	Weekend catch-up with comedic or short-form PF shows.
Sun	Open / Catch-Up	Pick any High Priority missed episodes or revisit a newly discovered show	Sunday free time to explore or skip if you're caught up.





Week 4

Day	Focus	Suggested Podcasts	Reasoning
Mon	Personal Finance (PF)	<ul style="list-style-type: none">• The Dave Ramsey Show (High), plus revisit any "Best Of" episodes from your favorite PF show	Evaluate which PF show you like most and consider subscribing long-term.
Tue	Millennials & Students (MS)	<ul style="list-style-type: none">• Revisit older episodes of <i>Paychecks & Balances</i> or <i>Millennial Money</i>, focus on top-rated interviews	Deepen knowledge of budgeting, career moves, or side hustles.
Wed	FIRE	<ul style="list-style-type: none">• ChooseFI (High) final catch-up• <i>Afford Anything</i> or <i>Radical Personal Finance</i> archived "best-of" episodes	Round out your FIRE perspective.
Thu	Finance News / Markets (News)	<ul style="list-style-type: none">• Motley Fool Money or <i>We Study Billionaires</i> long-form breakdowns	Great for bigger-picture investing discussions or special "year-in-review."
Fri	Crypto	<ul style="list-style-type: none">• The Pomp Podcast (High) or <i>Unchained</i> if you missed any key interviews	End-of-month recap of big crypto topics.
Sat	Any Low/Medium Priority backlog or new discovery	<ul style="list-style-type: none">• <i>Popcorn Finance</i>, <i>The Bad Crypto Podcast</i>, or <i>Real Vision Finance</i> (whichever you missed)	Weekend is a good time for optional, exploratory listening.
Sun	Final Catch-Up & Plan Next Month	Reflect: Which shows do you enjoy most? Which help you the most?	Decide a more permanent listening rotation going forward.



How to Use This Framework

- 1 Match Release Days & Your Priorities:** If a show is High Priority and releases daily, you may want to follow it closely. Weekly or Medium-priority shows can fill in the gaps.
- 2 Adapt to Your Interests:** If you're more interested in crypto, dedicate an extra mid-week slot to it. If you're all about frugality, add more "Frugal Friends" or "Popcorn Finance" episodes on the weekend.
- 3 Stay Flexible:** Real life often changes your listening habits. Don't stress if you miss a day—just catch up on a weekend or skip if it's not critical.
- 4 Track Episode Durations:** If you only have 15 minutes, pick a short show like "Popcorn Finance." If you have a longer commute, consider a 45–60+ minute episode.
- 5 Use the Final Week** to reflect on which shows you want to continue regularly and which to sample sporadically.

This monthly timetable and reference table combines the data points you requested — category, release schedule, duration, and priority — to help you create a personalized listening plan without overwhelming your calendar. Feel free to reorganize based on your personal goals and available time. Happy listening!